



The village of Nuwakot destroyed after Nepal's 2015 earthquake (2016).

A story of resilience in Nepal

At the age of 25, Thakur earns his living as a porter, commuting several hours from his home in Nuwakot to the inner cities of Nepal, carting heavy goods over great distances.

On 25 April 2015, as a 7.8 magnitude earthquake hit Nepal, Thakur found himself running for two hours until he reached his family and youngest daughter who was severely injured. He rushed her to the nearby hospital, where, despite his efforts, she sadly passed away.

When the team of [All Hands Volunteers](#) came to help clear the rocks and rubble, no one quite anticipated the magnitude of the bond that would be created with Thakur and his family. After his experience, Thakur opened his home to All Hands Volunteers; each day, as the volunteers arrived on site, Thakur and his family awaited with a warm welcome.



“

All Hands Volunteers were there to help me when nobody else would. I would have never been able to clear this rubble by myself. Because of the volunteers, I finally feel some happiness again.” said Thakur.

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<https://allhandsblog.wordpress.com/2016/04/27/our-stories-thakur/>

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Sustainable Development Goal: **SDG 1: No poverty**, **SDG 3: Good health and well-being**