Why volunteer abroad with the UN?

As an international UN Volunteer, you will learn about different cultures and languages, expand your networks and gain unmatched professional and life experiences.

Volunteering abroad is an unbeatable opportunity to serve as a global citizen. International UN Volunteers promote peace and development in communities around the globe, while upholding the ideals and aspirations of the United Nations.

International UN Volunteers come from 160 countries, representing diverse cultures and countries. They bring a wide variety of perspectives and approaches, which lend a dynamism to the volunteering assignment.
Your international UN Volunteer assignment will enable you to make a lasting impact. It can create a ripple effect that extends far beyond the immediate results of your efforts – both for the people you serve and yourself.

Why volunteer abroad?

As an international UN Volunteer, you will learn about different cultures and languages, expand your networks and gain unmatched professional and life experiences. Working in another country gives you the opportunity to step outside your comfort zone, to learn new approaches to tasks and problems and to operate in different environments.

You will enter the singular domain of global citizenship. Facing challenges together with community members and fellow United Nations workers often creates lasting bonds.

After volunteering abroad, you can be sure that your curriculum vitae will stand out. Employers appreciate the ability to adapt, to think outside the box and to embrace diversity. The enriching professional and life experiences you have gained through volunteering will not go unnoticed.

Volunteering abroad is an unparalleled opportunity to do something meaningful and to support peace and development initiatives in countries that need them most. By giving back, you will gain an incredible sense of fulfilment, and will reap the dividends for the rest of your life.

International UN Volunteers support local volunteer initiatives, strengthen community capacities, foster ownership and sustainability of development activities and contribute toward the achievement of the Sustainable Development Goals (SDGs).

You will engage actively with United Nations development and peacekeeping partners and within communities, responding to development priorities and needs in countries facing poverty and socio-economic challenges, humanitarian crises, conflict and post-conflict situations or experiencing fragile peace. Through your expertise, you will enable the effective delivery of programmes and mandates of our partner United Nations entities.